Saving & Investing

THE MONEY CHARITY

Saving is arguably one of the most important financial habits you can adopt, protecting you from future financial shocks and helping you achieve your **financial goals**.

This interactive session outlines the options for both saving and investing, including the importance of pensions and how to get financial advice.

11 Years

Average time to save a deposit for a first house

This session covers the following topics:

Building Financial Resilience as Part of Financial Wellbeing

The Benefits of Saving

Different Ways to Save

Making Your Money Go Further

Understanding Investments

Ways to Invest

Pensions

Introduction to Organisations Offering Free Credible Support and Information

For 30 years, **The Money Charity** has been helping people from all walks of life to take control of their finances, become financially capable and achieve **Financial Wellbeing**. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

Attendees receive a copy of our **Money Manual**, our essential guide to managing your money well.

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