

Fundamentals of Financial Wellbeing



THE
MONEY
CHARITY

Whatever your circumstances, feeling you can manage your money well is crucial for your overall sense of **Financial Wellbeing**.

This interactive session has been designed to help you build your personal money confidence and cover the fundamental **skills, information and tools** you need to manage your money better now and in the future.

94%

of participants would recommend our sessions to others

This session covers the following topics:

Our Relationship With Money & the Importance of Financial Resilience

Budgeting & Keeping Track

Credit, Borrowing & Understanding Your Credit Score

Where to Access Support for Debt

Savings (+ Investments with 1.5hr or Investment & Pensions with 2hr)

Tips for Making Your Money Go Further

Introduction to Organisations Offering Free, Credible Support & Information

For 30 years, **The Money Charity** has been helping people from all walks of life to take control of their finances, become financially capable and achieve **Financial Wellbeing**. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

Attendees receive a copy of our **Money Manual**, our essential guide to managing your money well.

hello@themoneycharity.org.uk

