



Financial Wellbeing for Early Careers

THE
MONEY
CHARITY

Learning to manage your money effectively and confidently early in your career has a long-lasting, positive impact on your **Financial Wellbeing**.

These interactive, aspirational sessions have been designed to help young adults gain the **confidence, tools and knowledge** they need to manage their money better now and in the future.

In 2025, the median weekly pay for 18–21-year-olds was
£498.50

Topics Covered:

Our Relationship with Money

Getting paid – Understanding Your Income

How to Read a Payslip

Spending it – Budgeting, Savvy Spending and Housing

Credit, Borrowing and Your Credit Score

Growing Your Money – Saving & Investing

Scams, Money Safety and Finfluencers

Free, Impartial Information and Support

For 30 years, **The Money Charity** has been helping people from all walks of life to take control of their finances, become financially capable and achieve **Financial Wellbeing**. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.



Attendees receive a copy of our **Money Manual**, our essential guide to managing your money well.

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