



Budgeting & Keeping Track

THE MONEY CHARITY

Put simply, **budgeting** is about creating a plan for how to spend your money. It helps you make sound financial decisions, be more financially resilient and feel in control of your money. It can also help you stay focused on your **money goals**.

This interactive workshop introduces a range of budgeting tools and tips on how to keep track of your spending.

£5.56 per day
is the average amount a
UK household spends on
water, electricity and
gas.

Topics Covered:

Establishing Your Money Goals

Benefits of Budgeting

Barriers to Budgeting

How to Budget

Savvy Spending & Boosting Income

Introduction to Organisations
Offering Free, Credible Support and
Information

For 30 years, **The Money Charity** has been helping people from all walks of life to take control of their finances, become financially capable and achieve **Financial Wellbeing**. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

Attendees receive a copy of our **Money Manual**, our essential guide to managing your money well.

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