

The
MONEY
Charity



Fundamentals of Financial Wellbeing

Whatever your circumstances, feeling you can manage your money well is crucial for your overall sense of Financial Wellbeing.

These interactive sessions have been designed to help you build your personal money confidence and cover the fundamental skills, information and tools you need to manage your money better now and in the future.

This Session Covers The Following Topics:

Our Relationship with Money and the Importance of Financial Resilience

Budgeting and Keeping Track

Credit, Borrowing and Understanding Your Credit Score

Where to Access Support for Debt

Savings (and Investments with 1.5hr and Investments/Pensions within 2hr sessions)

Tips for Making Your Money Go Further

Introduction to Organisations Offering Free Credible Support and Information

Attendees will get a copy of our Money Manual, our essential guide to managing your money well.

For 30 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing.

As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.



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