

## For Adults



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To book a workshop contact our Adult & Industry team on 0207 062 8933 or email [erik@themoneycharity.org.uk](mailto:erik@themoneycharity.org.uk)

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Our work with adults is where we began – for 20 years we’ve been providing innovative, engaging products and services that help adults manage money.

The UK has never needed financial education more than today. Recent research has shown:

**8 million people**  
have problems  
with debt<sup>1</sup>

**12 million**  
people aren't  
saving enough for  
retirement<sup>1</sup>

**41% of the UK**  
population do not  
actively save in  
the short term<sup>2</sup>

**Financial stability**  
is an indicator of  
mental wellbeing  
at all ages<sup>2</sup>

At The Money Charity we believe that everyone has the ability to manage their money well, no matter what their situation. Our workshops aim to help people

develop the knowledge, skills, behaviours and attitudes to get on top of their money and stay there.

## Overview

We work in partnership with businesses and organisations to deliver adult money workshops. We've worked with a range of organisations including financial services providers, law firms, credit unions, prisons, housing associations, homeless charities, and local councils.

Our workshops are friendly, interactive and aim to inspire participants to see money as something positive in their lives that can help them to achieve their personal objectives. We make no assumptions about prior knowledge, or an individual's own relationship with money; we want to enable people to look at their finances differently and set them off on a better path.

Worrying about money can lead to stress, anxiety and depression; we can help change that with our money workshops.

## Workshop outcomes

We envision a world where people are able to make the most of their money, living happier, more positive lives as a result.



## Our Workshops

We offer a variety of workshops to meet the needs of different audiences. All workshop delegates get a copy of our Adult Money Manual and access to our Budgetbuilder online budgeting tool.

### Money Workshop (2 hours)

This workshop covers planning your finances, facing debt, saving to achieve your goals, choosing financial products and managing your everyday money. Throughout the workshop, participants develop a personalised action plan to help them transfer their learning into real life.

### Independent Living Workshop

**This workshop aims to help people prepare for living independently and is for young people aged 16-19 who are not in education and thinking about moving out of home. It includes planning your money, budgeting and the expected costs of living alone.**

### **Extended Money Workshop (Full Day)**

**Our full day workshop takes a more in depth look at the topics covered in the 2 hour session, and aims to equip participants to support others to manage their money. As well as drawing up a personal action plan, participants will develop the skills to get alongside others and have an informed conversation about money.**

### **Bespoke Workshops**

**Using our expertise and volumes of financial capability content, get in touch about your unique needs and let us design something for your organisation.**