

## The Money Workshops - What Works

#### What worked

The randomised controlled trial showed that the Money Workshops had a significant positive effect on: 1

- Students' self-reported confidence in managing money
- How much students' feel they know about savings and credit
- How much students' feel they know about planning and budgeting

"The effects observed are remarkable given the space of time between workshops and follow-up (on average 1.4 months and sometimes up to three months, rather than immediate postworkshop feedback), and considering that most students received just one one-hour workshop (education trials usually entail greater input over a longer period, for example around eight to ten sessions spread over half a term or so, so observing effects after one workshop is noteworthy)" NFER. independent evaluators

# Further research required

The trial found no impact on reported behaviours (aligned with the MAS WWF area of Financial Capability Behaviours), and it may be that a longer time period in which to observe behavioural effects is needed, or that students have not yet had the opportunity to put into practice what they have learnt at the workshops.

#### About the evaluation

Funded by The Money
Advice Service, The Money
Charity commissioned The
National Foundation for
Educational Research
(NFER), an independent
evaluator, to provide an
independent evaluation of
their Money Workshops in
Schools and Colleges for
Key Stage 4 and post-16
students, as part of the
Money Advice Service
financial capability 'What
Works Fund'.

"It is notable that although fewer schools included the workshop on savings and credit than on planning and budgeting, there was still an impact on students' perceptions of their knowledge in this area suggesting that impacts are more widespread than content-specific" NFER, independent evaluators

"[The consultant] got the students involved and made the session **interactive**" Teacher

#### Feedback from students and teachers showed:

- The workshops are easy to follow
- The workshops provided new learning
- The workshop content was believed to be highly relevant particularly to students' futures
- Students found the consultants to be highly knowledgeable and presented very clearly
- Teachers reported benefits for their own capability to deliver financial education, and that the profile of financial education in the school had increased.

<sup>\*</sup>All text in blue boxes is quoted from the independent report.



## Perceptions of the workshop

The workshops are delivered in a popular and effective way – teachers and students find the workshops highly relevant, engaging and useful particularly for managing money in the future.

"It was eye opening
to see how much you
can spend on things
and how much you
can save if you stop
doing that"
Student

"There can be quite a lot of contradicting stuff online which can be quite confusing so it's good to hear from someone who knows lots about it"

Student

"It helped with our own personal budget right now, so things like what you should spend on stuff and we know how much to spend and there's a limit and things like that. I do, think l've saved more [since the workshop] yeah"

Student

"It put things into perspective, like if you save this one cup of coffee you can spend what you save on bigger things. It makes you think about more longer term... I have saved a bit of money. I've stopped buying juice at lunch from [the supermarket]" Student

### **Putting it into action**

In the relatively short time-frame (six weeks on average) between participation in a Money Workshop and completing the follow up survey, around two fifths of students reported they had already used what they learned. Some had already begun to save for future expenditure (for example, for a trip or for driving lessons) and some described considering costs more carefully when making spending decisions.

## Impact on teachers and schools

Although not an intended consequence of Money Workshops, benefits for teachers themselves were highlighted in the survey responses, with over half of responding teachers reporting that the capability of staff to deliver financial education had improved. Where this had occurred, case-study teachers explained that financial education came within their remit, yet they had never received specific training in order to deliver it. From observing workshop delivery, they became more familiar with key topic areas and effective approaches to engage students in financial education.

"It's been really helpful for us to see the types of things [the consultant] covers in the sessions with the students - what are the most important things they need to know and what we can do to make talking about money and finance fun"

Teacher



84% of Post 16 students agreed that what they learnt will be relevant to them in the future



Over 80% of students said they felt the workshop consultant was knowledgeable



"I feel there is a gap [in the financial education we provide]. We do run tutorial programmes for all students about living and university loans and repayments, but it's not so much on day-to-day living and budgeting. I don't feel that it prepares the students sufficiently. That's why I want to bring in The Money Charity" Teacher

"[The consultant] came around to all the different groups and applied what he/she knew to the different situations we were in" Student

## Who took part in the trial?

**59** Schools (**30** intervention & **29** acting as controls)

**3,543** students completed a baseline survey

1,679 of which had also completed the survey at baseline and were used in the outcome analysis.

#### Who took part in the process evaluation?

Over 700 KS4 and post-16 students

22 teachers from 20 intervention schools

The Money Charity Workshop Consultants

Via surveys, interviews and focus groups

Find out more about our Money Workshops here, and read the full evaluation report here.

Visit us at themoneycharity.org.uk to find out more





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