



Fundamentals of Financial Wellbeing

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

In these uncertain times, managing your money well is more important than ever. These interactive sessions have been designed to help you get on top of your money by sharing money saving tips, information and the latest tools to manage your money better.

These Sessions Cover The Following Topics:

Financial Resilience and the
Cost of Living Crisis

Budgeting and Keeping Track

Credit, Borrowing and
Understanding Your Credit Score

Where To Access Support For Debt

Savings (and Investments within 1.5-hours
and 2-hours sessions only)

Making Your Money Go Further

Introduction To Organisations Offering
Free, Credible Support and Information

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.



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