

	All costs are per month		
Item	Low	Medium	High
Food	Aldi/Lidl £100	Tesco/Sainsbury's £150	Waitrose/M&S £200
Toiletries	Basic Own Brand £10	Branded e.g. L'Oreal £25	Luxury e.g. John Frieda £50
Clothes and Shoes	Primark/Peacocks £30	H&M/Topshop £60	Jack Wills/Hollister £100
Housekeeping/ Laundry	Basic Own Brand £5	Mid-range e.g. Ariel £10	Luxury e.g. Ecover £20
TV Licence	£13.25		
Internet/Broadband	Broadband £27		Super-Fast Fibre Optic £35
Digital TV	Freeview £0	Digital Basic Package £20	Digital Package incl. Movies or Sports £50
Gadget Insurance	Screen Protection Only £4	Repair/Replacement Part-Cost Covered £4	Repair/Replacement New for Old £15
Music	1-2 New Songs Each Month £2	1 Album Per Month £10	Spotify £10
Streaming e.g. Netflix	No Streaming £0		Netflix/Now TV etc £7
Grooming	Own Brand £5	Maybelline or Lynx £10	MAC or Ted Baker £25
Video Games	Phone Apps £3	In-Game Purchases £10	1 New Game Per Month £45
Books/Magazines	Don't Read £0	1 Book/Magazine Per Month £10	3 Books/Magazines Per Month £30
Eating Out /Takeaway	Twice a Month £30	Once a Week £60	Three Times a Week £180
Cinema	Wait till it comes out on TV £0	Once a Month £15	Once a Week £60
Gym Membership	Pay As You Go £10	Community Gym £23	Private Gym £47
Sports	Football/Tennis £20	Ice Skating/Yoga £60	Sailing/Horseriding £150
Short Trips and Visits	Once a Month £75	Twice a Month £150	Four Times a Month £300
Café/Coffee/Tea	Once a Month £3	Once a Week £15	Most Days £50
Pets	Small e.g. Hamster £15	Medium e.g. Rabbit £40	Large e.g. Cat £75