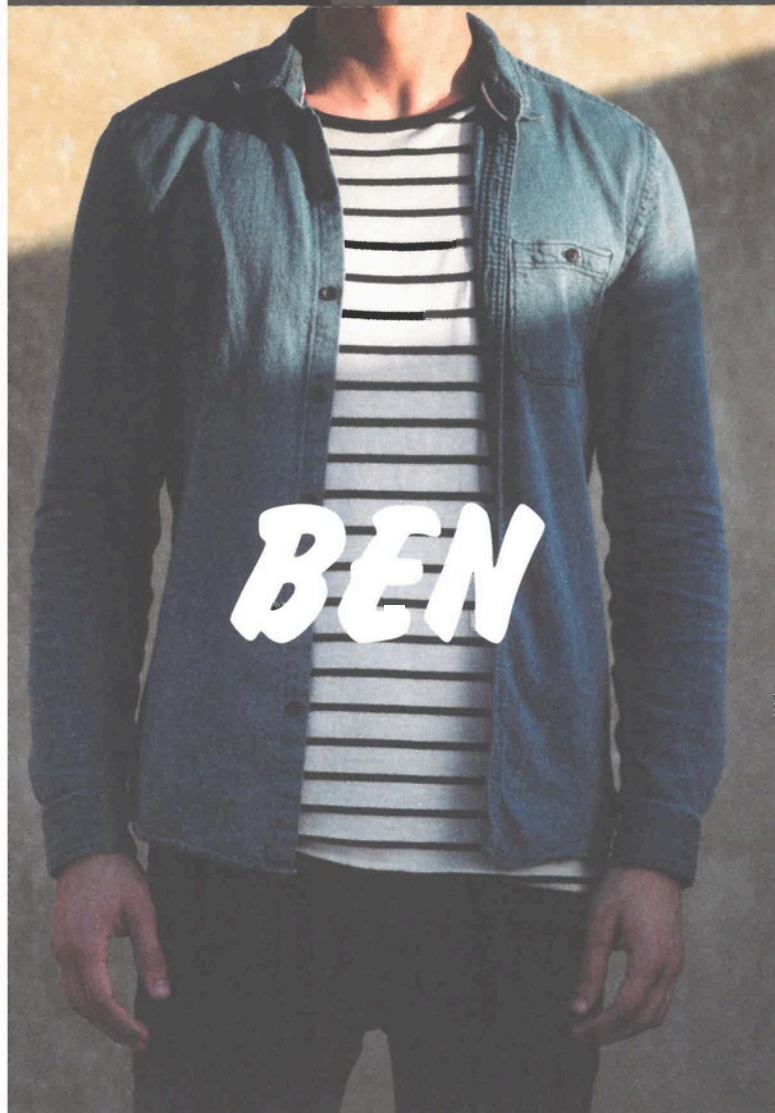




KS3 Savvy Consumer

- Ben works full time, but has recently started worrying about his finances.
- He has noticed that he is spending more money than he's got coming in every month.
- Ben loves a bargain and is an impulse buyer – if he sees a deal, he can't resist!
- He's having 3 friends round for dinner this weekend.
- He already has enough food at home from his weekly shop, but he wants to cook something different.
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Shopping List

- **Rice – 250g**
- **Chicken – 500g**
- **Kidney beans – 2 tins**
- **2 peppers – 1 red, 1 yellow**
- **Wraps – 8**
- **Sour cream – 1 tub**
- **Avocado – 2**
- **Cheddar cheese – 200g**
- **1 lime**
- **Tub of ice cream for dessert**

Estimated total cost: £18. Remember to stick to basics!

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