

## **Independent Living Workshops**

## Moving into your own place? Do you know what this means for your money?

Moving out of home is a really exciting time in young people's lives – a significant step towards independence that most people look forward to. But it can be financially daunting. Whatever the circumstances for moving out, many young people are unprepared for the costs of living alone.

Our 1 hour, face-to-face independent living workshops are for young people aged 16 – 25 who are not in full time education, but may be looking into further education, training or employment. We work with youth organisations and training providers to help young people develop the skills to successfully live independently, without getting into debt or difficulties. If you're a non-profit or charitable organisation, then we currently have funding to deliver our workshops for free!

Our Workshop Covers:

Planning to achieve your goals

The costs of living independently

Creating a budget

"Young adults typically display lower levels of financial capability than older age groups" Financial Capability Strategy for the UK, 2015

42 % of young adults were unable to distinguish between being in credit or overdrawn on a bank statement.
Barclays, 2013

Whether young people have already begun to live independently, or are preparing to take this next step in their lives, our workshops should help set them off on the right path.

For more information about our workshops for adults – please contact Carrie Magee, Training Manager: <a href="mailto:carrie@themoneycharity.org.uk">carrie@themoneycharity.org.uk</a> or call 0207 062 8932.

