

Adult Money Workshops

Our work with Adults aims to make staying on top of your money accessible to everyone.

Supporting people to get to grips with their money can be key to helping them achieve their goals, improve their wellbeing, and live a happier, more positive life as a result. Our **full day face-to-face workshop** aims to help people develop the knowledge, skills, attitude and behaviours to manage their own money well, as well as get alongside others and have an informed conversation with them about their money. We believe a personal perspective on finance can help broaden understanding of other people's situations and as a result, improve the quality of service clients receive. With prices starting from £750, why not see what our workshops can do for your organisation.

Our full day workshop covers:

- *Planning your finances*
- *Facing debt*
- *Saving to achieve your goals*
- *Choosing financial products*
- *Managing everyday money*

"The workshop has given me useful tools to use with clients to encourage and motivate them."

"It was good for helping people to manage their money, and some handy tips for myself!"

Whether you're working in financial services, or supporting clients, our workshops can be the start of a better relationship with money for you and your clients.

For more information about our workshops for adults – please contact Jasbinder Kaur, Training Officer, 0207 062 8933