




Financial Wellbeing Workshops

For over 25 years, The Money Charity has been the UK's Financial Capability charity. We proactively provide education, information, advice and guidance to people of all ages, helping manage their money well and increase their Financial Wellbeing.

We have a proven track record of delivering Financial Wellbeing workshops face-to-face and virtually to a wide range of charity and social enterprise groups, providing their service users, volunteers and employees with advice and training to help them get on top of their money. With Financial Capability lacking in large parts of the population and with 12 million adults in the UK having low financial resilience, this training is needed more than ever.

2021 Workshop & Webinar attendees:



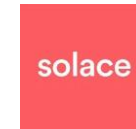
“
Very clearly given information and advice on how to look after our money. Good recommendation of useful websites and things I wasn't aware of...also, great push on help that is available for anyone that struggles with money.
”



“
I found this course excellent and the trainer was BRILLIANT! ...so efficient and gifted at delivering information and very knowledgeable. I would highly recommend it. I gave it a 10.
”



“
I found the workshop useful, especially in terms of feeling in control of my financial future. even in the event of debt.
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Workshops Guide

General Financial Wellbeing

Financial Wellbeing (2-hours) – a great way for an employer to start the financial wellbeing journey. The workshop covers topics such as: financial resilience, budgeting and keeping track, credit, borrowing and debt, savings and investments, making your money go further and how to access free, credible support.

Lunch & Learn Financial Wellbeing (1-hour) – a popular, condensed version of the above; ideal for lunchtime learning training formats.

Financial Wellbeing for Young Adults (1.5 hours) – a tailored session with a focus on the financial issues facing young adults. Suitable for ages 18-25.

Women & Money (1-hour) – a session tailored specifically for women and the financial issues they face.

Your Money & Covid

Your Money During Challenging Times (1-hour) – designed to help people reassess their financial situation in light of the pandemic. Tips will be shared on budgeting, how to make your money work harder and support.

Redundancy & Your Money (1-hour) – redundancy may be a shock, or it may be planned, but whatever the circumstances, there are important decisions to be made. This workshop will cover the questions people need to ask themselves before making these decisions and will look at the different options. Details of organisations offering support will also be shared.

Mind Your Money (1-hour) – this workshop explores the importance of building financial resilience and the link between money and mental wellbeing. It also encourages people to think about their relationship with money and how, if necessary, they can begin to challenge this.

Everyday Money

A series of 1-hour sessions covering a range of specific topics:

- Budgeting & Keeping Track
- Credit, Borrowing and the importance of credit scores
- Debt
- Financial Resilience & the Psychology of Money
- Savings & Investments
- Money Safety (identity theft, fraud & financial abuse)
- Wills & Future Planning

Refugee Programme

10 modules specifically designed to support refugees and asylum seekers.

These tailored sessions are delivered by our facilitators experienced in working with interpreters. Each session is an hour long (or 1.5 hours with an interpreter.)

- Introduction to UK Financial System
- Banking
- Safe Money
- Shopping & the Savvy Consumer
- Budgeting
- Protection
- Debt
- Saving
- Energy
- Credit & Illegal Money Lending

Workshops Guide

Workshops are suitable for up to 20 attendees. Workshops for service users are currently fully funded and each organisation is entitled to up to 3 workshops in a calendar year.

Webinars are available for employees only.

Theme	Workshop*/Webinar	Duration (mins)	Service Users & Employees Workshop Price (up to 20 attendees)	Employees Webinar Price (100-300 attendees)		
General Financial Wellbeing	2-hour Financial Wellbeing	120	Fully-Funded	£850 - £1,000		
	Lunch & Learn Financial Wellbeing	60		£550 - £800		
	Financial Wellbeing for Young Adults	90		£650 - £850		
	Women & Money	60		£650 - £850		
Your Money & Covid	Your Money During Challenging Times	60		Fully-Funded	£550 - £800	
	Redundancy & Your Money				£550 - £800	
	Mind Your Money				£550 - £800	
Everyday Money	Budgeting & Keeping Track	60			Fully-Funded	£550 - £800
	Credit & Borrowing					£550 - £800
	Debt					£550 - £800
	Financial Resilience & the Psychology of Money					£550 - £800
	Savings & Investments					£550 - £800
	Money Safety					£550 - £800
Refugee Programme	Wills & Future Planning	60-90	Fully-Funded			N/A
	10 modules for refugees & asylum seekers					N/A

All prices are exclusive of VAT

*All of our workshops are available as virtual sessions delivered via Zoom (or your organisation's platform.)

For advice on specific programmes and bespoke training solutions, The Money Charity offers a consultancy service for organisations looking for advice and/or a tailor-made solution.

We also work with Young People in schools, colleges and community settings.

To find out more, please contact our Training Officer [Emma](#)

