

Budgeting & Keeping Track

For over 25 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing. As a charity, we are independent and impartial, meaning we never endorse or promote any financial products.

Put simply, budgeting is about making sure you balance your expenses with your income. It helps you make sound financial decisions, be more financially resilient and in control of your money. It can also help you stay focused on your long-term financial goals.

This 1-hour interactive session introduces a range of budgeting tools and tips on how to keep track of your spending.

The Session Covers The Following Topics:

Financial Resilience and
the Cost of Living Crisis

Establishing Your Money Goals

Understanding Spending Triggers
and Spending Priorities

Planning and Preparing a Budget

Exploring Technology To
Help You Budget and Keep Track

Introduction To Organisations Offering
Free, Credible Support and Information

All attendees will receive a copy of our Money Manual as a handy guide to making the most of your money, together with a signposting handout detailing the organisations mentioned in the session.



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