



Saving & Investing

Saving is arguably one of the most important financial habits you can adopt, protecting you from future financial shocks and helping you achieve your financial goals. This 1-hour interactive session outlines the options for both saving and investing, including the importance of pensions and how to get financial advice.

This Session Covers The Following Topics:

Building Financial Resilience
as part of Financial Wellbeing

The Benefits of Saving

Different Ways to Save

Making Your Money Go Further

Understanding Investments

Ways to Invest

Pensions

Introduction to Organisations Offering
Free Credible Support and Information

**Attendees will get a copy of our Money Manual,
our essential guide to managing your money well.**

For 30 years, The Money Charity has been helping people from all walks of life to take control of their finances, become financially capable and achieve Financial Wellbeing.

As a charity, we are independent and impartial, meaning
we never endorse or promote any financial products.



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