



## Independent Living Workshops

*Moving into your own place?  
Do you know what this means for your money?*

Moving out of home is a really exciting time in people's lives – a significant step towards independence that most people look forward to. But it can be financially daunting. Whatever the circumstances for moving out, many are unprepared for the costs of living alone.

Our face-to-face independent living workshops are for people who are preparing to take on greater responsibility for managing their own money. We work with a variety of organisations and training providers to help people develop the skills to successfully live independently, without getting into debt or difficulties. If you're a non-profit or charitable organisation, then we currently have funding to deliver our workshops for free!

### *Our Workshop Covers:*

*Planning to achieve your goals*  
*The costs of living independently*  
*Creating a budget*  
*Financial Products*

At the end of our workshop, 64% of participants felt increased confidence in creating a budget

Taken from independent evaluation conducted by Sterling Research

"Thank you for delivering a fantastic session, it has given us all something to think about, particularly the cost of borrowing!"  
Alice, West London

Whether people have already begun to live independently, or are preparing to take this next step in their lives, our workshops should help set them off on the right path.

For more information about our workshops for adults – please contact Jasbinder Kaur, Training Officer, 0207 062 8933

The **MONEY** Charity