

# The **MONEY** Charity

[themoneycharity.org.uk](http://themoneycharity.org.uk)

Registered charity number 1106941



## Adult money workshops

We are **passionate** about helping people to get on top of their money, so we get excited about any opportunity to get in a room and create a conversation that enables others to **view their finances differently**.

The Money Charity knows that talking about money can be daunting, and some who have braved it in the past have found it boring. We've worked hard to create a different take on learning about handling money. Our workshops are **friendly**, **interactive** and we seek to **inspire** participants to see money as something that can help them **achieve their goals** in life.

Our workshops assume **no prior knowledge** of the subject and are relevant to all, whatever their income or other financial circumstances. We know that people will have **many different reasons** for attending so we include something for everyone. Whether participants are just frustrated that their hard earned cash seems to disappear with little of value to them to show for it, or they're struggling to cope with the amount of credit they've taken out, attending one of our workshops should **set them off on a better path**.

## They cover...

- 1 How to plan your finances to enable you to stay on top of your money now and to help you to **achieve your goals** for the future.
- 2 How to structure saving to **make bigger things happen** and to prevent financial blips turning into a personal recession.
- 3 Problems repaying credit can happen to anyone, how to **take action** to deal with it and where there is expert help available for free.
- 4 How to choose financial products wisely and use them to **enhance your financial well-being**.
- 5 How to **keep on top of what's happening** with your pay, your cash and your bank accounts.

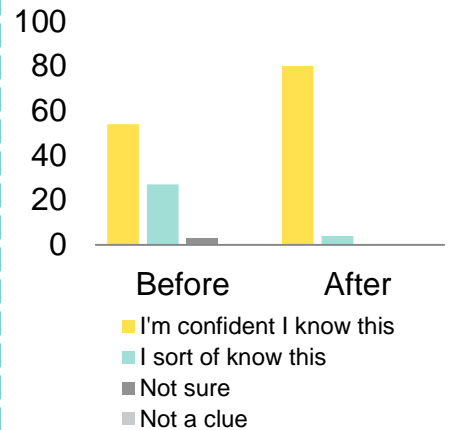
The Money Workshop is a two hour, fast paced trip through the five areas – but there is still time for imaginative exercises and plenty of questions. The Full Day Money Workshop lasts unsurprisingly for a whole eight hours – but we do have lunch, coffee and tea! We consider each of the five areas in rather more detail and we equip participants to help others get on top of their money, rather than the training just being for their own personal benefit.

Prices range from £500 - £750 per session for The Money Workshop and vary according to the nature of the organisation – but if you're a not-for-profit we currently have some available for **free**! For more information or to book a course, don't hesitate to get in touch with Jasbninder Kaur – [Jasbinder@themoneycaharity.org](mailto:Jasbinder@themoneycaharity.org).

# HELPING YOUR WORLD GO ROUND

## Our impact

Before the workshops, 54 out of 85 participants knew that just having a budget isn't enough – you need to do things to **make it work in practice**, like monitoring how well you're sticking to it.



Afterwards, **80 participants** were confident they knew this.

Following the workshops, **79 participants** knew where to get help for themselves or someone else if they can't pay their bills – up from 50 beforehand.

After the long workshop **44 out of 61** could help someone understand how modifying their budget could help them achieve their savings goals (up from 30). **40** could explain to someone ways to keep their spending in line with their budget (up from 27).

Participants found the sessions **informative, interesting, valuable and enjoyable**



## What participants say

“The workshop has given me **useful tools** to use with clients to **encourage and motivate** them.”

“You’ve **inspired me** to use my money to **live life more fully**, at a time when I didn’t have any money worries, but felt stuck in life and maybe a bit lost/lacking direction.”

“The day really made me **think and reflect** about where I am at with my finances (and life!) and it pushed me to **move forward in some very significant goals that are really important to me**, that I have struggled to move forward with.”

The session gave me a **better understanding** of planning, saving and the importance of **saving for the future**.

## Sound good?

Contact Jasbinder Kaur on 0207 062 8933 or email [Jasbinder@themoneycharity.org.uk](mailto:Jasbinder@themoneycharity.org.uk) to book your workshop now!